



Term: Winter | Issue 5 | Date: January 2021

FROM THE PRINCIPALS DESK

Dear Parents and Students,

Happy New Year! Welcome year 2021! As we bring in the new year, I would like to say thank you to our students, parents, and community members for all of their support during these challenging times. We are so fortunate to live in a community that rallies together whenever there is a crisis. Currently, our scheduled return date is January 4th and we are certainly looking forward to the time when we are together again. However, as we move forward with virtual learning, we cannot stress enough the importance of student engagement in online learning. Course content is progressing and it is imperative for students to keep up with their school work. Parents, please be sure to periodically check your child's progress on ParentVue, or set up appointments with your child's teacher.

As always, I encourage you to please continue to refer to the Isaac School District, or P.T. Coe Elementary School website and our Facebook page for additional information. For your convenience, helpful links and resources are posted on this page as well. Our January Coffee With The Principal will resume on Thursday January 21st, 8:00 a.m..

Look for the Link the week of January 17th, 2021.

In closing, I want to reiterate our gratitude for your continued support and wish you and your family good health. Let's kick off a new year with new excitement!. I feel confident that when we all return together, it will be with a greater sense of belonging and a renewed perspective on all of the values that make P.T. Coe Elementary School a special place.

MS. CHELSIA STALLWORTH

SCHEDULE CHANGES

We will start this new schedule on January 4th.

The present start time is 9:00 a.m. **The new start time will be 8:45 am (Log in time)**

The present end time is 12:30 pm **The new end time will be 1:40 pm (Log out time)**

Half Day Thursdays, we will still use the cut off time of 12:00 Regular Thursday will end at 1:40

In addition, all classes will have their own "specials" class and will not be grouped with another class.

Please look on your teachers Google Classroom to see the new schedule for your student. Again, this starts **January 4, 2021**



Screen-free play

Studies show that kids who spend less time in front of screens tend to be healthier and earn higher test scores. Encourage your youngster to enjoy "unplugged" play with these ideas.

Nature time.

Electronics don't grow on trees— so going outside to play is one of the easiest ways to avoid screen time. You and your child can bundle up and go for a walk or throw a football around. You'll both enjoy being outdoors and spending special.

A screen-free corner.

Create a spot for your youngster to store his/her favorite non-electronic items like jigsaw puzzles, board games, and play dough. They could put them on shelves or in bins and hang up a sign that says "Screen-free zone." They'll have an inviting place to exercise his brain without technology.

HELP WITH YOUR CHILD'S WRITING

This three-step strategy will set your youngster up to write a clear, well-organized report.

1. Choose your topic Say your child is supposed to write about an animal. The process will be more fun if they pick an animal they find interesting—and their enthusiasm is likely to come through in their writing.

2. Brainstorm questions

What does your youngster want to know about their topic? If they chose penguins, they might decide to research what they eat or how many eggs they lay at a time. They could write each question on a separate index card.

3. Collect facts

Your child can read about penguins in library books and online. As they research, they should fill each card with facts. They might write information about a penguin's diet on one card and offspring on another. Tip: They can use each card to write one paragraph in her report.

Goal setting: A recipe for success

Reaching a goal involves more than just hoping and dreaming. Here's how your child can practice setting, tracking, and achieving goals—skills that will serve them well now and in the future.

Be specific

What would your youngster like to accomplish? Maybe they want to earn higher grades or become a better gymnast or a soccer player. Suggest that they narrow down the goal so it's more targeted. His goal might be "I will turn in all of my assignments on time" or her's might be "I will move up one level in gymnastics this year."

Map it out

Breaking a goal into small steps makes it feel more manageable. Your child could draw a winding road on paper, add lines to divide it into segments, and write a step in each one. Examples: "Put my planner in my backpack when school ends" or "Do my beam routine five times in a row without falling off." They can color each step as they complete it.

Check in

Support your child in sticking to their plan. Say they fall behind on a long-term project. Together, look at their planner and find slots of time where they can catch up. Or provide an alternative way to help them make up the missing areas

KEEP AN EYE OUT FOR BULLYING

Q: My son has been coming home from school with bruises. He keeps saying he fell at recess, but I worry he's being bullied. What should I do?

A: Start by talking to his teacher. Tell him/her what you've noticed, and ask if they are aware of any recess accidents. If they aren't, let them know you're concerned about bullying, and ask them to keep an eye out.

Then, ask your son if he has ever felt unsafe in school or if he has seen anyone being hurt or being teased repeatedly. Also, explain that he should always get adult help right away if anyone is hurting him or someone else. After all, bullying isn't a problem he's expected to handle alone, and it can get worse if adults don't step in.

Once you get the ball rolling, he might open up. If he admits to being bullied, meet with the teacher to make a plan for putting an end to it. And if he doesn't, the teacher will be aware of the situation and can alert you if they observe bullying.

Our children are living in a stressful world right now and can use all the help they can get. Look for signs of bullying. This can happen at school, at the park, online, or even in your own neighborhoods.

ACTIVITY CORNER: A DANCING SNAKE



Air currents make a paper "snake" wiggle and dance with this simple science experiment.

Materials: crayons, paper plate, scissors, yarn, lamp

Have your youngster use a crayon to draw a spiral on the paper plate. They can decorate the snake with patterns, then cut it out. Poke a small hole in the snake's head, and tie on a piece of yarn. Turn on the lamp, and let your child hold her snake by the yarn at least 1 foot above (not touching) the warm light bulb. Their snake will dance and spin.

What's going on?

As warm air created by the lamp rises, cooler air moves in to replace it. This constant motion creates air currents that move the snake around.

FROM THE HEALTH DESK

Parents please check if your child is up to date on their immunization records.

If not please get them as soon as possible and bring a record to our health office.

