



Tiger News

J.B. Sutton Elementary Monthly Newsletter

CONTACT US!

J.B. Sutton Elementary

(602) 442-3200
1001 N 31st Ave
Phoenix, AZ 85009

Attendance:

(602) 455-6992

Office hours:

Monday - Thursday

8:00 AM - 4:00 PM

Friday

8:00 AM- 3:00 PM

Instructional ONLINE hours

Mon., Tue., Wed., Fri.

9:00a.m.- 11:15a.m. ,
12:00-2:15p.m.

Thurs 9:00- 11:30

UPCOMING EVENTS:

December Spirit Week

Dec 14-18

Monday- Ugly Sweater

Tuesday- Flannel Day

Wednesday- Winter Gear

Thursday- Wear strips like a candy cane

Friday- Pajama Day

Winter Break

Dec. 21-Jan 1

Online hours :

A.M. Session: 9:00- 11:15A.M.

P.M. Session: 12:00 - 2:15P.M.

A NOTE FROM THE COMMUNICATION AMBASSADOR

As this is our last news letter of 2020. Sutton Tigers would like to wish you Happy Holidays.

It has been an unexpected year for us. An we hope that all students stay healthy and safe. We are very proud of what our students have achieved. Keep up your reading through out the holiday season.

Winter Fun Facts:

- Did you know that a snowflake can take up to two hours to fall from a cloud to the ground.
- The North Pole is warmer then the South Pole.
- 10 inches of snow melts down to only one inch of water.
- Earth is actually closest to the sun in December, even though winter solstice is the shortest day of the year.
- In Antarctica, snow can fall so hard you can't see your hand in front of your face.

ParentVue

Parents did you know that you can access your child's grades and report cards by computer or phone using a platform named parentvue.

- 1.) Contact your school for a Parent Activation Key
- 2.) GO TO: <https://parents.isaccschools.org>
- 3.) Create a New User Account

Keep your kiddos occupied at home playing fun winter themed games! Check out this snowman BINGO board!



Tips for a Healthy Winter

1. Winterize your exercise! Arizona weather is cooling off. When the weather permits, consider walking, jogging, or biking outside!
2. Beat the winter blues! 2020 has been a hard year for most, and for some, gray days in winter translate to a gloomy mood. To boost your spirits stay socially engaged with friends and family and try to remain as physically active as possible.
3. Put the D in diet! When our skin is exposed to sunlight our body produces vitamin D. During the winter we experience less sunlight, therefore we should make sure to compensate by getting plenty of vitamin D from our foods! Try including mushrooms, avocado, and fish into your diet.
4. Let your children help decide on holiday meals and help prepare them in the kitchen. Giving them options and including them in the preparation can help encourage them to want to eat healthier on their own.

December Nutrition

Enjoy in moderation! It is recommended to include lots of seasonal colorful fruits and vegetables. This month, foods such as bananas, oranges, pears, sweet potatoes, and squash are in season. Teach your kids to create a rainbow plate each day.



Health Awareness

National Hand washing Awareness Week Dec. 6-12
National Influenza Vaccination Week Dec. 6-12



Important links:

- **Isaac School District Strategic Plan**
<https://www.isaacschools.org/StrategicPlan>
- **ParentVue - Check your grades, attendance and much more!**
<https://parents.isaacschools.org/>
- **Tax Credit Donation**
<https://schoolsup.org/taxcredit>



STAY CONNECTED



@ISAACSCHOOLDISTRICT

For more information visit www.Isaacschools.org

December 2020 J.B. Sutton Event Calendar

J.B. Sutton Elementary 602-442-3200



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Ugly Sweater	15 Flannel Day	16 Wear your winter Gear	17 Wear your strips like a Candy Cane	18 Pajama Day	19
20	21	22	23	24	25	26
			Winter Break			
			Winter Break			
27	28	29	30	31		
			Winter Break			