

# Family Guide for Second Step Social-Emotional Online Lessons

## Leaning into Second Step®

As communities around the world grapple with this unprecedented public health crisis, educators are facing uncharted waters. Some districts are quickly shifting to remote learning, while others close altogether. Even in schools unaffected by COVID-19 educators, students, and families alike are dealing with stress and uncertainty about what's next. So it can be easy to lose track of SEL instruction—but times like these are when it's critical that we support the social-emotional needs of everyone involved, in any way we can. Teachers and schools can still be an important source of support for students during this time. Here, you'll find ways to use the skills taught in the Second Step program to provide support for students and help them support each other.

## Instructions to Create an Account and Get Started

**Not Just Better Students, Better People™**

Second Step is a program rooted in social-emotional learning (SEL) that helps transform schools into supportive, successful learning environments uniquely equipped to help children thrive.

[What Is Second Step?](#)

**Returning Users**

Log in to access your resources or register additional Activation Keys.

[Go to My Dashboard](#)

**New Users**

Use your Activation Key to create an account and register your Second Step kit, digital product, or training.

[Create Account](#)

1. Go to [secondstep.org](https://secondstep.org) to create your family account. (You will need an email & create a password)
2. Once your account is created, please enter PAK (Activation) Code. Each grade level has its own code.
3. Once you have entered the PAK/Activation code, select “My Dashboard” Tab. (Near top left of page)

### My Dashboard

Grades 6–8 Classroom Kits (2008 Edition)

GRADE 6

**6** SEL Program  
Resources  
Streaming Lesson Media

GRADE 7

**7** SEL Program  
Resources  
Streaming Lesson Media

GRADE 8

**8** SEL Program  
Resources  
Streaming Lesson Media

**Need to Activate Your Kit?**

Find the Activation Key on the “Start Here” page in your kit binder or notebook and enter it in the box below to activate your product.

Digital-only products don't have Activation Keys. If you have a digital product and don't see it on your Dashboard, contact your License Administrator.

Example Activation Key: ABCD 1234 EF67

[Add activation key](#)

### Grade-level PAK:

Grade	PAK
Early Learning	SSPE FAMI LY68
Kindergarten	SSPK FAMI LY70
Grade 1	SSP1 FAMI LY71
Grade 2	SSP2 FAMI LY72
Grade 3	SSP3 FAMI LY73
Grade 4	SSP4 FAMI LY74
Grade 5	SSP5 FAMI LY75
Grade 6	SSP6 FAMI LY12
Grade 7	SSP7 FAMI LY23
Grade 8	SSP8 FAMI LY34

4. From “My Dashboard”, please select correct grade. (K-8)
5. Next, please select “Streaming Lesson Media”, then “Go to Lessons Menu” links.
6. Select Lesson Number and the “Begin” button, to start lesson.
7. For lesson worksheets: from “Streaming Lesson Media”, select “Downloads”, then “Lesson Materials”.